

Mental Health Links

Addiction and Recovery

- [Alcoholics Anonymous](#)
- [Center for On-Line Addiction](#)
- [Web of Addictions](#)

Attention-Deficit Hyperactivity Disorder

- [ADDA – Attention Deficit Disorder Association](#)
- [Attention-Deficit Hyperactivity Disorder, NIMH](#)

Anxiety Disorders

- [Answers to Your Questions About Panic Disorder](#)

Associations & Institutes

- [Center for Mental Health Services](#)
- [Mental Health America](#)
- [MentalHealth.gov/](#)
- [National Institute of Mental Health](#)
- [National Mental Health Association](#)
- [National Eating Disorders Association](#)
- [National Sleep Foundation](#)
- [National Women's Health Resource Center](#)
- [The National Child Traumatic Stress Network](#)
- [NAMI \(National Alliance on Mental Illness\)](#)
- [Substance Abuse and Mental Health Services Administration](#)
- [Centers for Disease Control and Prevention \(CDC\)](#)

Cancer Organizations

- [American Cancer Society](#)
- [National Cancer Institute](#)

Child Abuse and Domestic Violence

- [Childhelp USA®](#)
- [Questions and Answers about Memories of Childhood Abuse](#)
- [The National Domestic Violence Hotline Website](#)

Christian Counseling Organizations

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Depression

- [Bipolar Disorder News – Pendulum.org](#)
- [Depression and How Therapy Can Help](#)
- [Depression Screening](#)
- [Depression and Bipolar Support Alliance \(DBSA\)](#)

Developmental Disorders

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Eating Disorders

- [American Dietetic Association](#)
- [Something Fishy](#)

Medication

- [DrugWatch.com](#) provides up-to-date information about prescription and over-the-counter medications, including details about associated side effects.
- [Drugalert.org](#) is a comprehensive database with information and news alerts about potentially dangerous drugs currently on the market or previously available worldwide.

Obsessive-Compulsive Disorder (OCD)

- [Beyond OCD](#)
- [International OCD Foundation](#)
- [Trichotillomania Learning Center](#)

Personality Disorders

- [Mental Help Net – Personality Disorders](#)
- [Personality Disorders](#)

Posttraumatic Stress Disorder (PTSD)

- [National Center for PTSD](#)
- [Give an Hour](#)— for veterans and their families
- [National Center for PTSD Real Warriors \(U.S. Department of Defense\)](#)— for veterans and their families
- [The Gift From Within](#)
- [Sidran Institute](#)

Suicide Awareness and Hotlines

- [American Foundation for Suicide Prevention](#)

- [Suicide Awareness Voices of Education](#)
- [Suicide: Read This First](#)

Physical Health Links

Medications and Health Supplements

- [Medical Encyclopedia](#)
- [Medications, FDA](#)
- [Medication, Internet Mental Health](#)
- [Medications, PDR](#)
- [Medline, Comparison](#)
- [Multivitamins](#)
- [The People Pharmacy](#)

Women's Health

- [Women Heart](#)
- [Women's Health](#)
- [Power Surge: Support for Women](#)

General Health

- [WebMD](#)
- [National Center for Biotechnology Information](#)
- [Your Disease Risk](#)
- [Mayo Clinic](#)
- [Duke Integrative Medicine](#)