

**HOMESTEAD HOPE COUNSELING SERVICES, LLC**  
3301 West Freeway, Suite 105  
Fort Worth, Texas 76107

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**LIFE COACHING INFORMED CONSENT**

**COACHING PROCESS:** Your Life Coach is a Christian believer, which means that I believe that Jesus Christ is the Son of God, and by trusting in His atoning death, burial, and resurrection we and anyone who freely believes, may experience a changed life. Therefore, my life coaching approach, unless directed otherwise by the client, will inherently involve the use of biblical Scripture and the principles found therein. I attempt to care for the inner person in a manner that reflects those principles. As a life coach I depend on the presence and divine working of God during each session. I believe that God can and will work through any situation where all involved parties are committed to God and to the coaching process. However, God works in each life differently. Having explained my coaching approach please be aware that I will not push my worldview or faith beliefs upon anyone. I work with and respect all persons regardless of their belief systems or worldview, and graciously expect the same courtesy in return.

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Initials

**LIFE COACH:** Your personal Life Coach is \_\_\_\_\_.  
I hold credentials with the International Board of Christian Care. Sessions are held at 3301 West Freeway, Suite 105, in Fort Worth, unless other arrangements are made. Sessions are conducted under the primary auspices of Homestead Hope Counseling Services, LLC. Other contracted entities may or may not be involved. I adhere to the AACC (800.526.8673) Code of Ethics.

Additional information about me or my colleagues can be obtained at [www.homesteadhope.org](http://www.homesteadhope.org).

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**GOALS, RISKS, AND BENEFITS:** There are numerous legitimate reasons to expect that life coaching will benefit you, yet there are no implicit or explicit guarantees of success. The more focused and committed the client, the greater likelihood of positive results. The purpose of life coaching is to guide the client toward their desired goals and objectives as identified by the client. Part of the process includes straightforward accountability. You as the client, have the right, responsibility, and privilege to decide what your goals and objectives will be. You will have influence concerning the trajectory of the coaching process. It is important for you to express to me any ideas or concerns you have at any point during the coaching process. We can, at that time, reevaluate your goals and desires for moving forward.

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Initials

**LENGTH OF COACHING SERVICES:** The length of the coaching relationship will be jointly determined by you, your coach and any other appropriate parties involved. Each individual has unique strengths and growth areas. The general objective is for each client to reach their desired and or needed goals in a timely manner, thereby using their time and financial resources wisely. If at any point during the coaching process I come to believe that our time together is not effective in helping you reach your goals, I am obligated to discuss it with you and if appropriate, stop the relationship. In such cases, I will offer you referrals that may assist you in finding another qualified coach. Also, if I come to believe that your progress is hindered by concerns that do not lend themselves to life coaching, I am obligated to refer you to a licensed professional counselor.

Coaching may resume when the therapeutic concerns are resolved. In some situations, you may employ both a life coach for coaching goals and a counselor for therapeutic goals.

During our coaching time together, I may recommend that you purchase a particular resource that is intended to facilitate your progress. There will always be a purpose for using a particular resource. Feel free to purchase it from us if we have it available, or from anyone you like. It doesn't matter to us where you get it from as long as you get it. The use of the resource is what is important.

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Initials

**FEES:** I have read, signed, and agreed to the *Life Coaching Financial Agreement* form, which accompanied this Life Coaching Informed Consent document.

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Initials

**CLIENT RIGHT TO PRIVACY:** All coach / client communication becomes part of the client file. We consider coach-client communications as confidential. However, for your safety and to conform to federal and or state laws, we choose to honor the following limitations and exceptions:

- **Confidentiality will be breached if** I determine in my professional judgment, that you are a physical danger to yourself or someone else, i.e., suicidal or homicidal.
- **Confidentiality will be breached if** you disclose, or I discover any abuse, neglect, or exploitations of any kind of a child, elderly or disabled person perpetrated by you or any other person.
- **Confidentiality will be breached if** and when a properly executed order by the court has been duly served and received by the coach and or coaching service where records are secured.
- Also note that professional coaches will occasionally seek the advice and counsel of other life coaching or counseling professionals to ensure quality service. Such peer consultation is well within the generally accepted standards of practice provided the identity of client is not compromised.
- Be advised that visual recording cameras, for the purpose of safety and security, are placed in and around the building, to include inside the counseling center. The property owner controls all equipment outside our suite; HHCS manages cameras inside of our suite. The HHCS owner/Director of Clinical Care is the only person with access to equipment and recorded data. He is guided by the confidentiality rules of professional counseling, which seems to be a higher standard than that of life coaching.

Due to the nature of the coaching process and the fact that it often involves making a full disclosure with regard to numerous matters which may be of a confidential nature, you agree that should there be any legal proceedings, (such as but not limited to divorce, custody disputes, injuries, lawsuits, employment, etc.) neither you nor your attorney(s), nor anyone other person or entity acting on your behalf will call upon me, other associated coaches/counselors, representatives of Homestead Hope Counseling Services or any other contracted entity to testify in court or in/at any other proceedings, nor will a disclosure of the coaching records be requested/granted.

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Initials

**TERMINATION OF SESSION(S):** Sessions will automatically cease if and when a client fails to show up for two consecutive sessions without prior notification. If you are late for a session, you will still be charged for a full session.

A session will be terminated if I determine that the client is under the influence of alcohol or drugs, to include mind-altering medications. In a chemically induced state, the client is not in a mental, emotional, or psychological position to benefit from the session. Likewise, it would not be a wise expenditure of the coach's time. If the session is terminated due to client intoxication, full payment is still expected. We will arrange for your transportation home. You may contact the office on the next business day to retrieve your car keys, as they will be kept safely secured. In such of a case, we will not assume any responsibility for your vehicle or anything in it.

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All clients are to dress modestly. In short, if I can see it – you're not being modest!  
No clients will bring any type of weapons, to include firearms, into the session.

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**EMERGENCIES:** During regular office hours you can reach the office by calling 817-812-3021. In an emergency you should call 911.

**INCLEMENT WEATHER:** For inclement weather or any other public emergency where office closure is possible, we will attempt to contact those affected via telephone call or text. We will also place an announcement on our webpage at [www.homesteadhope.org](http://www.homesteadhope.org).

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By affixing your signature below, you are indicating that you have read and understand this coaching consent agreement. You also affirm that:

- All questions you may have had were answered to your satisfaction.
- You therefore give your consent for you to be coached.
- You agree to present yourself at each and every scheduled session. When attendance is not possible for whatever reason, you agree to notify the office as stated above.
- You agree to pay fees as stipulated above to include cancelation and No-Show fees.
- You agree to allow and authorize Homestead Hope Counseling Services and or the coach to bill your credit card immediately for unpaid balances caused by a cancellation, no show, NSF, services rendered, etc.

By signing this Life Coaching Informed Consent form, you are agreeing to be coached with full knowledge and understanding concerning all subjects to which this document addresses.

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Client Signature

\_\_\_\_\_  
Date

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Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Life Coach's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Life Coach's Name and Credential