**Law Enforcement Help Websites and Blogs**

<http://www.how2loveyourcop.com/> - Online information for wives, blog, ressource list

<http://www.thepolicewifelifeblog.com/> - Humor, police supporting views, blog

<http://www.nalestough.org/> - Offers support forums and charitable efforts for families of law enforcement officers **(this is a gambling website)**

[www.lawofficer.com](http://www.lawofficer.com) – More for the policeman himself, also a good resource for information

[www.nationalcops.org](http://www.nationalcops.org) – Concerns of Police Survivors- an organization that assists families who’ve lost a family member in the line of duty

[www.loveandrespect.com](http://www.loveandrespect.com) – Love and Respect Series

[www.5lovelanguages.com](http://www.5lovelanguages.com) – The 5 Love Languages: (free tests and materials)

**Police Wife Books**

“Cops Don’t Cry” – Vail Stone

“A Marriage in Progress: Tactical Support for Law Enforcement Relationships” – Victoria Newman

“I Love A Cop” – Ellen Kirshchman

“Cuffs & Coffee: A Devotional for Wives of Law Enforcement” – Allison Uribe

“Bullets in the Washing Machine” – Melissa Littles

“Emotional Survival for Law Enforcement” – Kevin M. Gilmartin